



2hands

MASSAGE ACADEMY

Student Learning Pathways & Continuing Education

Professional training for aspiring massage therapists and wellness professionals.



Our Programs

Comprehensive pathways designed to build confidence, expertise, and real-world success.



LEVEL 1

Foundations of Therapeutic Practice

60 Hours · 7,000 MAD

- Body mechanics & therapist longevity
- Foundations of anatomy
- Core treatment methodology
- Professional treatment delivery
- Guided practical application



LEVEL 2

Treatment Development & Integration

50 Hours · 6,000 MAD

- Adaptive treatment techniques
- Assisted mobility techniques
- Targeted release work
- Supervised clinical practice



LEVEL 3

Advanced Therapeutic Specializations

40 Hours · 5,000 MAD

- Advanced Deep Tissue
- Structural Anatomy
- Supervised clinical practice



Flexible Enrollment

Individual module enrollment is available depending on experience level and professional goals.

Advanced & Specialized Professional Courses

Refining technical precision and expanding professional scope.

✓ Sports Massage	35h 4,800 MAD
✓ Applied Lymphatic Techniques (Prerequisites Required)	18h 3,200 MAD
✓ Prenatal Massage	10h 2,850 MAD
✓ Deep Tissue	10h 2,850 MAD
✓ Shiatsu Foundations	10h 2,850 MAD
✓ Anatomy for Massage Practice	6h 1,500 MAD
✓ Hot Stones Integration	6h 1,500 MAD
✓ Introduction to the Lymphatic System & Dry Brushing	5h 1,200 MAD

Wellness Classes for Everyday Life

Hands-on learning experiences for personal care and wellness.

✓ Couples Massage Experience	3h 1,250 MAD/couple
✓ Everyday Massage for Loved Ones	3h 950 MAD
✓ Kids Massage (Ages 5+)	3h 950 MAD
✓ Foot Massage Fundamentals	3h 950 MAD
✓ Face Massage Fundamentals	3h 950 MAD
✓ Baby Massage	90 Minutes 450 MAD
✓ Self-Massage	90 Minutes 450 MAD



These offerings support both professional development and accessible wellness education within the community.



Why Choose 2Hands Massage Academy?

- ✓ Experienced & Certified Instructors
- ✓ Hands-On Practical Training
- ✓ Personalized Guidance
- ✓ Flexible Learning Options
- ✓ Career Support & Opportunities

Ready to start your
journey?

Join 2Hands Massage Academy
and turn your passion into a
purpose-driven career.

